Miami Dolphins vs Houston Texans Betting Preview

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The Miami Dolphins are reeling and things won’t get much easier as they travel to Houston to face a much improved Houston Texans team. Last week the (2-2) Texans were an injury depleted team without some key offensive personnel and they were upset as -2.5 chalk 16-26 against the Atlanta Falcons. Despite being without top wideout Andre Johnson Texan QB Matt Schaub threw for 317 yards and a TD. Internet sportsbook Bodog has Houston Texans as 5 point home favorites.

Schaub has been razor sharp this season with a 74.0% completion percentage as he has led a Houston offense that is averaging 23.5 PPG. The real surprise this year has been the play of a dominant Houston D-line that has contributed to the Texans allowing only 3.4 yards per rush.

Right now the Miami Dolphins are possibly the worst team in the NFL. Last week the Miami Dolphins were pounded by lower tier Oakland Raiders team 17-35 as -3.5 favorites. The Dolphins are 0-2-2 ATS and their once strong defense has sprung some big leaks. One of the bright spots in the Raiders game however was RB Ronnie Brown who gained 207 total yards and seems to have Miami running game back on track. The problem for Miami is that they can’t seem to stop anyone from running on them. The Dolphins are allowing 4.9 yards per rush but they might get a boost this week with the return of All-Pro Middle Linebacker Zach Thomas. Internet sportsbook Bodog has the TOTAL at 43.5 points.

The Texans running game has been struggling and with their receivers hurt they will need a strong performance from their ground game to establish a balanced attack. The Dolphins have been losers but can the return of Thomas help them get a W? Were the Texans exposed last week vs Atlanta or was it an aberation due to injuries? Find out all the answers from EinsteinPicks before you make your selections for week 5 .