NY Jets vs St Louis Rams NFL Week 10 Picks

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The NY Jets are on a hot streak winning back to back games and four of their last five, while the St Louis Rams have lost two straight after beating two of the toughest teams in the league. The NY Jets (5-3) host the St.Louis Rams (2-6), Sunday Nov 9, at Giants Stadium for some hard hitting NFL Week 10 action. The Rams are 7-0 SU all time against the Jets. NFL oddsmakers at Sportsbook.com have the Jets as -9 point home favs over the Rams with the over/under set at 44 points. Get your NY Jets vs St Louis Rams NFL Week 10 Picks in now at Sportsbook.com

The Jets beat the Bills 26-17 on the road in Week 9. QB Bret Favre made 19 of 28 passes for 201 yards with one interception; he has 15 touchdown passes for 1,813 yards with 12 interceptions in eight starts. Their top rusher on the day was RB Thomas Jones with 12 carries for 69 yards with one touchdown. Their top receiver on the day was WR Jerricho Cotchery with six catches for 62 yards. The Jets are averaging 26 ppg and their giving up an average 23.4 ppg. At home they are 3-1 SU where they average 30 ppg and they give up an average 23 ppg. Their overall offense is ranked 17th in the league averaging 327 yards a game, their 15th ranked running game is good for 113 yards per-game. Their passing game sits averagely ranked 14th in the league averaging 214 yards a game. RB Thomas Jones leads the Jets with six touchdowns. Their overall defense is ranked 13th in the league allowing 312 yards per-game, thanks to their 4th ranked rush defense allows 76 yards a game, they are ranked 24th against the pass giving up an average 236 yards per-game. The Jets are 4-4 ATS and 3-4 over/under.

The Rams lost to the Cardinals 13-34 at home in Week 9. QB Marc Bulger made 16 of 33 passes for 186 yards with two touchdown passes and two interceptions; he has six touchdown passes for 1,315 yards with five interceptions in seven starts. Their top rusher on the day was QB Marc Bulger with three carries for 32 yards. Their top receiver on the day was WR Derek Stanley with one catch for 80 yards with a touchdown, while WR Torry Holt added a touchdown. They are riddled with injuries after Week 9. The Rams are averaging 15.6 ppg and they give up an average 29.4 ppg. On the road they are 1-3 SU where they average 12.8 ppg and they give up an average 28.8 ppg. Their overall offense is ranked 30th in the league averaging 262 yards a game, no thanks to their 28th ranked running game that’s good for 92 yards per-game. Their passing game sits badly ranked 27th in the league averaging 169 yards a game. RB Steven Jackson leads the Rams with four touchdowns. Their overall defense is ranked 30th in the league allowing 401 yards per-game, no thanks to their 29th ranked rush defense that allows 155 yards a game, they are bad against the pass with a 28th ranked pass defense that gives up an average 246 yards per-game. The Rams are 3-5 ATS and 4-4 over/under.

Recent Trends to Consider:

- Rams are 2-8 ATS in their last 10 games following a SU loss of more than 14 points.
- Rams are 1-4 ATS in their last 5 games following a double-digit loss at home.
- Rams are 1-5 ATS in their last 6 games after accumulating less than 90 yards rushing in their previous game.
- Rams are 1-8 ATS in their last 9 games after allowing more than 30 points in their previous game.
- Jets are 4-1 ATS in their last 5 games in November.
- Jets are 3-7 ATS in their last 10 games following a S.U. win.
- Jets are 2-5 ATS in their last 7 home games vs. a team with a losing road record.

NY Jets vs St Louis Rams NFL Week 10 Picks
When: Sun, Nov 9, 2008 1:00 PM ET
Line: Sportsbook.com
Pick: Jets -9

Point-Spreads.com NY Jets vs St.Louis Rams NFL Week 10 Picks – Jets -9

The Bottom Line: You have to go with Bret Favre on home turf. The Rams are too weak on defense. Go Jets! Get your NY Jets vs St Louis Rams NFL Week 10 Picks in now at Sportsbook.com and receive a 10% sign-up bonus on your initial deposit!

Matt Foust is heating up for the home stretch of the football season; he has his clients up +500.91 units over the last month, going 21-14 and he has hit on 11 of his last 17 picks. Matt has several strong releases this weekend so start building your bank roll with this guaranteed winning selection. Point-Spreads.com recommends purchasing Matt's NFL Weekly Picks package which offers bettors the most bang for your buck and includes a Top Play between the Giants vs Eagles Sunday Night Football Game. These are two of the strongest plays Matt has had all season, and you do not want to miss out of this great offer.