

2009 AFC Conference Betting Odds

Contributed by Scott Burgess
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It's down to the final four in the AFC Conference, the Titans, Steelers, Chargers and Ravens have all made it. NFL oddsmakers at SBGglobal.com have the Pittsburgh Steelers listed as +150 moneyline favorites to win the 2009 AFC Conference. Be sure to get your 2009 AFC Conference Betting Odds in now at SBGglobal.com

The Steelers have what it takes to win the AFC Conference, DEFENSE! They have the best defense in the league that allows 13.9 ppg, the least amount of points per game than any other team. They allow the least amount of total yards, the least amount of passing yards and they are ranked second best at stopping the rush. QB Ben Roethlisberger says he's ready to go against the Chargers. They start the playoffs at home where they are 6-2 SU, 9-7 ATS and 4-4 over/under. They'll have a healthy squad except for LB James Harrison and S Ryan Clark who are listed as day to day. The Steelers are listed as +150 moneyline favs to win 2009 AFC Conference.

The Titans went a perfect 10-0 before they suffered their first loss in Week 11 to the Jets, after that they went 3-3 SU. They'll rely heavily on their seventh ranked running game that's averaging 137 yards per game. RB LenDale White leads the Titans with 15 touchdowns, while RB Chris Johnson leads with 1,228 total yards rushing along with 10 touchdowns. They'll begin their Super Bowl hunt at home where they are 7-1 SU, 6-2 ATS and 6-2 over/under. Injuries to their defense may play a significant role in their game against the Ravens. DE Dave Hall, DE Kyle Vanden Bosch, DT Albert Haaynsworth and CB Nick Harper are listed as day to day. Their defense is currently ranked seventh overall allowing 293 yards per game, their passing game sits ranked ninth allowing 199 yards per game and their rush defense allows a sixth ranked 93 yards a game. The Titans are listed at +200 to win AFC Conference.

The Ravens are another team that can compete for the AFC Conference title as they boast the second best defense in the league. They recently beat the Dolphins 27-9 on the road; they held the Dolphins to 52 yards rushing and 224 yards passing. Their defense gives up an average 15.2 ppg, the third least amount of points per game in the league. They'll rely on their fourth ranked running game that averages 148 yards a game. RB Le'Ron McClain leads the Ravens with nine touchdowns and he leads with 737 rushing yards. The Ravens have their second playoff game on the road where they are 6-3 SU, 6-2 ATS and 6-1-1 over/under on the road. The Ravens are listed at +400 to win AFC Conference.

The Chargers have a below .500 road record and it's not looking good with a 3-5 SU road record. They knocked out the Colts last week 23-17 at home; they ran for 167 yards and passed for 217 yards. They don't know if RB LaDainian Tomlinson will be ready for action, he leads the Chargers with 12 touchdowns and 1,110 rushing yards. RB Darren Sproles has emerged as their go to guy on the ground. They are 3-4-1 ATS on the road and 5-3 over/under. The Chargers are listed at +400 to win AFC Conference.

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The Bottom Line: It'll be between the Steelers and Ravens. The Titans defense is banged up and the Chargers are bad on the road. Be sure to get your 2009 AFC Conference Betting Odds in now at SBGglobal.com and receive a 30% sign-up bonus on your initial deposit!