

Seattle Seahawks vs Dallas Cowboys NFL Week 8 Predictions

Contributed by Scott Burgess
Thursday, 29 October 2009

The Dallas Cowboys host the Seattle Seahawks, Sunday Nov 1, as the Cowboys look for their third straight win. The Seahawks have won four of the past six meetings, but Dallas won their last meeting. NFL oddsmakers at Sportsbetting.com have the Cowboys as -9.5 point home favs over the Seahawks with the over/under set at 46 points . Be sure to get your Seattle Seahawks vs Dallas Cowboys NFL Week 8 Predictions in now at Sportsbetting.com

The Seahawks (2-4) lost to Arizona 3-27 in Week 6 and sat out with a bye week last week. The Seahawks sit in third in the NFC West. QB Matt Hasselbeck made 10 of 29 passes for 112 yards with one interception; overall he's thrown for 729 yards with seven TD passes and three interceptions in four games for an 85 passer rating. RB Julius Jones had five carries for a low five yards, in fact the Hawks rushed for a total 14 yards on 11 carries. WR John Carlson made two catches for 55 yards, while WR T.J. Houshmanzadeh made four catches for 34 yards. To say the Seahawks got no offense is an understatement. The Seahawks' offensive line has endured many injuries and QB Hasselbeck has suffered as a result. He was sacked five times in his last outing against Arizona and hit many more times. In last year's loss to Dallas, Hasselbeck was constantly under duress. If the Cowboys are able to batter him again, it could be a long game for the Seahawks. Their defense is ranked 12th overall with an 18th ranked passing game and 28th ranked running game. Their best bet to move the chains will be to go up against the Cowboys 21st ranked pass defense . Their 28th ranked running game won't be much use against the Cowboys 16th ranked rush defense . The Seahawks average 19.7ppg and give up 18.2ppg, while they average 13.5ppg on the road and allow 28.5ppg. They are 2-4 ATS and 2-4 over/under.

The Cowboys (4-2) beat Atlanta at home 37-21 at home in Week 7 and now sit third in the NFC East. QB Tony Romo made 21 of 29 passes for 311 yards with three TD passes; overall he's thrown for 1,652 yards with nine TD passes and four interceptions for a 94.7 passer rating. RB Marion Barber had 14 carries for 47 yards, while WR Austin Miles made six catches for 171 yards with two TD's. TE Patrick Crayton added a TD. In WR Miles Austin's first three seasons with the Cowboys he had 18 career catches for 354 yards and three touchdowns. In the past three weeks alone, he has surpassed all of those numbers, with 19 catches for 440 yards and four touchdowns. Such a rapid ascension is rare in the NFL, but he has an excellent chance to keep his hot streak going against Seattle's 16th ranked pass defense. Though Dallas is 4-2, it has not yet put together two consecutive outstanding efforts . It followed up Week 1 and Week 3 wins with losses and despite winning in Week 5 against Kansas City, it took overtime to do so against a pathetic Chiefs team. Now is the Cowboys' chance to show they are ready to string together some wins and go on a run heading into the second half of the schedule. The Cowboys offense is ranked second best with the ninth best passing game and fourth best running game. The Cowboys average 26.5ppg and give up 19.8ppg, while averaging 29.7ppg at home and allow 20.3ppg. They are 3-3 ATS and 4-2 over/under.

Recent Trends to Consider:

- Under is 5-1 in the last 6 meetings.
- Underdog is 4-1 ATS in their last 5 meetings.
- Road team is 4-1 ATS in their last 5 meetings.
- Seahawks are 0-4 ATS in their last 4 meetings.
- Cowboys are 4-0 ATS in their last 4 games in Week 8.
- Cowboys are 10-2 ATS in their last 12 games in November.

Seattle Seahawks vs Dallas Cowboys

When: Sun, Nov 1, 2009 1:00 PM ET

Line: Sportsbetting.com

Pick: Cowboys -9.5

Point-Spreads.com Seattle Seahawks vs Dallas Cowboys NFL Week 8 Predictions

The Bottom Line: QB Hasselbeck's O-line will let him down again. Be sure to get your Seattle Seahawks vs Dallas Cowboys NFL Week 8 Predictions in now at Sportsbetting.com and Cash in with sign-up bonuses, weekly reload bonuses and free payouts at SPORTSBETTING.com, where betting is safe, secure and easy.